*We would like to begin by thanking the members of the club, the COM and the TC for their support and help over the last 9 months. We have been made to feel very welcome and would like to acknowledge in particular the help of Alix, Kathryn and Tracy who have spent a lot of their own time helping to support us and the coaching programmes. We would also like to acknowledge our gratitude to Steve Mills who has been a mainstay of the junior and adult programmes and a great ambassador for the club. Thank you to all the coaches and young people who have helped to make the coaching programmes a success.*

Below are some bullet points of highlights of what we think has gone well since we took over running the programmes in April 2024:

**Juniors:**

* liaised with junior captains and assisted with junior teams
* developed Jordanhill school relationship - lunch clubs/ P4 tennis + relsp with Mr Buchan
* Secondary school liaison and school have entered a boys + girls team entered for LTA National comp for the first time
* established links with Victoria Park and Glasgow Life

and wider community opening up tennis to more children and families in the community and forming a good relationship with Glasgow Life allowing, for example, access to courts for coaching when the weather is bad for certain events.

* Run junior matchplay sessions at the club
* Run Grade 6 tournaments at Woodend - u14 Boys + U11 girls allowing Woodend juniors to compete on home turf against children from other clubs
* Mentored and ongoing mentoring of level 1 coaches linked to the programme
* Increased the depth and breadth of the coaching team to fulfil LTA safeguarding standards (1 x Level 5, 1 x Level 4, 4 x Level 3, 3 x Level 2 all accredited coaches all working across the programme + 4 x Level 1 and 4 x Level 1 in training + numerous young people we are supporting to assist at the start of their coaching journey)
* 10 - 12 of team attended 2 x first aid courses run at club
* Junior club champs - senior coaches assisted the running of finals day
* introduction of POTW certificates to motivate and encourage kids underpinned by values of effort, enjoyment and resilience
* Offered members access to a variety of camps in the holidays including multi sport, tennis & squash and team player camps across three venues
* Number of kids in total April 24 = 177; Number of kids in total Jan 25 = 169
* Number of kids more than 1 times a week April 24 = 38; Number of kids more than 1 times a week Jan 25 = 49

**Adult Coaching at Woodend 2024**

**Review of 2024**

* Ran a welcome day for adults
* Established process for individual/semi individual/small group lessons with doubles partner/ players of similar level
* Established a group programme for different abilities, to provide more consistent coaching throughout the year.
* Established process for team training sessions accessible to members
* Liaised with captains and helped to plan for next year
* Incorporation of older junior members into adult teams to keep them involved at the club and in tennis
* Ran pop up workshops
* Hamish Stewart masterclass event at Scotstoun

**Adult Group Coaching Programme**

| Beginning of 2024 Programme  Cardio tennis: Monday/Saturday/Sunday  Social Tennis: PAYG Thursday | Beginning of 2025 Programme  Cardio tennis: Monday  Beginners/Improvers: Tuesday/Thursday/Sunday  Improvers/Team players: Wednesday/Thursday/Sunday  Doubles training for team players: Thursday |
| --- | --- |
| Total hours: Max 5.5 per week | Total hours: 8 per week |

* Current group programme has 53 different players registered to attend
* Great coach to player ratios
* Sessions available on different days for different levels of players to provide players with more options to work with schedules/days off.
* Currently continuing as PAYG to provide best flexibility to players with busy/changeable schedules
* Increased length of blocks to provide more consistent coaching for those who want it
* Sessions limited to certain courts/times to minimise the effect of availability of courts for member use.

**General:**

* Helped to promote the club in the wider community by generating activity in snug/ bar - first aid courses + quiz night + AGM (Wheegie whackers)
* attended gala day + junior/ senior club champs finals day
* Thank you to Colin McMillan who has sponsored Coach tops for the team